

FUN FARM HIGH ROPES SAFETY RULES

**YOU ARE ABOUT TO TAKE PART IN A HIGH RISK ACTIVITY.
YOU WILL MINIMISE THIS RISK BY FOLLOWING THE SAFETY RULES:**

- All participants must be at least 7 years old.
- Minimum height 1.10m (3' 7").
- Maximum weight 120kg (18 stone 12 pounds).
- Tie up long hair, tuck away necklaces.
- No open toed footwear, high heels or sandals.
- No eating on the course or chewing gum.
- Don't play with your harness or loosen the straps.

Your kit: An instructor will fit your harness and helmet and take you through some safety information. You will be given a full briefing. Please listen and follow instructions given. You will then have a chance to get used to the equipment before starting on the course

Supervision: If you are 18 years or older you will be personally responsible for following the safety rules and ensuring that you are attached to the safety system at all times.

Supervision of children: You will be personally responsible for ensuring that anyone under 18 that you have signed for follows the safety rules and is correctly attached to the safety system at all times.

One adult can supervise up to four children under 18 years old. As a supervising adult either on the ground or on the course you must remain in visual contact for the duration of the activity.

Please notify an Instructor if any participant has physical, behavioural or medical conditions that could affect their safety on the course.

REMEMBER: PARTICIPANTS MUST REMAIN ATTACHED TO THE SAFETY SYSTEM!

All persons entering the course area are required to wear a helmet. Please do not enter stockade/staircase/platform area.